

# Annual Congress 2023

Wednesday 13 - Friday 15 September 2023,  
Edinburgh International Conference Centre (EICC)

## Programme



### Conference App

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'Annual Congress 2023'



Association  
of Anaesthetists

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## Community, our new online member network and forum.

A space for members to share ideas, knowledge, advice, solve problems, collaborate, ask and answer questions and, above all, connect with each other.

The username and password that you use to login to Community are the same as your username and password on the Association's website.

<https://community.anaesthetists.org>



To submit questions for any of the lecture streams, please scan the QR code or go to [sli.do](https://sli.do) on your mobile device and enter the event code: AnnualCongress2023

**Mentoring taster sessions - FREE** Meet at registration desk on level 0. These sessions will run throughout the duration of the conference.

## Non-clinical

SAS career grade Location: Carrick 1, level 1	Trainee career grade Location: Harris 1, level 1	Consultant career grade Location: Ochil 1, level 1	Retired career grade Location: Carrick 2, level 1
(09:00-09:45 or 11:35-12:20) Becoming a Specialist or Specialist Doctor - a guide for existing and aspiring SAS anaesthetists @ £10	(09:00-09:45 or 10:55-11:40) Make the most of Stage 3 training: how to pass the FRCA @ £10	(09:00-09:45 or 10:55-11:40) Learning from catastrophe @ £10	(09:00-10:30) Are you ready for retirement? @ £10
Wellbeing workshop Location: Harris 2, level 1	Journal workshop Location: Ochil 2 & 3, level 1	Advocacy workshop Location: Carrick 3, level 1	
(09:00-11:00) Wellbeing: A new perspective @ £10	(09:00-09:45 or 10:55-11:40) Anaesthesia Journal @ £10	(09:00-09:45 or 10:55-11:40) Advocacy at the Association - have your say @ FREE	
(13:35-14:35) Mindfulness for people who dont like mindfulness @ £10			

## Clinical

Time	Clinical selection A Location: Tinto, level 0	Clinical selection B Location: Moorfoot, level 0	Other workshops Location: Ochil 2 & 3, level 1
13:35-15:05	Rotate around 4 stations, which include: 1. Processed EEG 2. Chest wall blocks 3. Videolaryngoscopy 4. Transthoracic echo Fee @ £10	Rotate around 4 stations, which include: 1. Knee blocks 2. Fibreoptic 3. HFNO 4. Adult TIVA Fee @ £10	Paediatric TIVA @ £10
15:45-17:15	Rotate around 4 stations, which include: 1. Processed EEG 2. Chest wall blocks 3. Videolaryngoscopy 4. Transthoracic echo Fee @ £10	Rotate around 4 stations, which include: 1. Knee blocks 2. Fibreoptic 3. HFNO 4. Adult TIVA Fee @ £10	Paediatric TIVA @ £10

## Workshop sponsors

The Association of Anaesthetists would like to thank the following companies for sponsoring the workshops at Annual Congress 2023.

Adult TIVA



HFNO



Videolaryngoscopy



Processed EEG



08:30-09:45	Registration (Strathblane hall, level 0) / tea and coffee / industry exhibition (Cromdale, level -1)	
09:45-10:00	<b>Stream A (Pentland , level 3)</b>	
	Welcome and introduction to Annual Congress 2023 Dr Matthew Davies, President, Association of Anaesthetists	
10:00-10:45	<b>W1 - Keynote - What can anaesthetists do to help the environment? A climate scientist's perspective</b> Dame Julia Slingo OBE, Former Chief Scientist, UK Met Office Chair: Dr Matthew Davies, President, Association of Anaesthetists	
	<b>Stream A (Pentland, level 3)</b>	<b>Stream B (Tinto and Moorfoot, level 0)</b>
	<b>W2a - Voluntary assisted dying: what is the role of the doctor?</b> Chair: Dr Andy Klein, Editor-in-Chief, <i>Anaesthesia</i>	<b>W2b - Obstetrics</b> Chair: Dr Andre Vercueil, Editor, <i>Anaesthesia</i>
10:55-12:25	<b>Panellists:</b> <ul style="list-style-type: none"> <li>• Dr Sadie Dunn, Palliative Medicine Physician, Victoria, Australia</li> <li>• Prof Jaideep Pandit, Oxford</li> <li>• Mr Liam McArthur MSP, Scottish Liberal Democrat MSP for Orkney</li> <li>• Dr Sandesh Gulhane MSP, Scottish Conservatives and Shadow Cabinet Secretary for Health and Social Care</li> <li>• Prof Sarah Cunningham-Burley, Professor of Medical and Family Sociology / Dean of Molecular, Genetic Population Health Sciences</li> </ul>	<b>(10:55-11:15) Ethnic differences in obstetric anaesthetic care</b> Dr Seema Quasim, Coventry  <b>(11:15-11:35) Maternal morbidity</b> Dr Nazir Lone, Edinburgh  <b>(11:35-11:55) Pain during caesarean section</b> Mrs Susanna Stanford, Patient safety advocate  <b>(11:55-12:25) Discussion</b>
12:25-13:40	Lunch and industry exhibition (Cromdale, level -1) / view the posters (Strathblane hall, level 0)	
12:45-13:30	Industry-sponsored symposium supported by Masimo Europe Ltd (Kilsyth, level 0). Lunch will be available outside of the room. <b>Optimizing patient pathway; monitoring the many, not the few - See pages 18 &amp; 19.</b> Chair: Dr Basil Matta, Cambridge	
	<b>W3a - Keynote</b> Chair: Dr Victoria McCormack, Elected Member, Association of Anaesthetists	<b>W3b - Advances in anaesthetic care</b> Chair: Dr Caroline Thomas, Editor, <i>Anaesthesia Reports</i>
13:40-14:25	<b>Human-centric innovation: why people must matter most</b> Dr Caroline Corbett, President, South African Society of Anaesthesiologists	<b>(13:40-13:55) Processed EEG monitoring - why, when and how</b> Dr Rodrigo Daly Guris, Philadelphia, United States  <b>(13:55-14:10) Sugammadex - the wonder drug?</b> Dr Tanya Selak, New South Wales, Australia  <b>(14:10-14:25) Quantitative neuromuscular monitoring</b> Dr Grant Rodney, Dundee



# Programme Day 1 Wednesday 13 September 2023

	Stream A (Pentland, level 3)	Stream B (Tinto and Moorfoot, level 0)	Stream C (Fintry, level 3)
14:30-16:00	<b>W4a - Advanced CPR - live demo</b> Chair: Dr Mike Charlesworth, Editor, <i>Anaesthesia</i>	<b>W4b - TIVA</b> Chair: Dr Krish Radhakrishna, Elected Member, Association of Anaesthetists	<b>W4c - Oral presentations - Audit, QI &amp; Survey</b> Chair - Dr John Ward, Honorary Treasurer, Association of Anaesthetists
	<b>Speakers:</b> <ul style="list-style-type: none"> <li>• Dr Mike Charlesworth, Manchester</li> <li>• Mrs Laura Kelly, Manchester</li> <li>• Dr Alice Montalti, Manchester</li> <li>• Mr Paul Exton, Manchester</li> </ul>	(14:30-14:50) TIVA myth busters Dr Claire Nestor, Dublin	<b>Audit, QI &amp; Survey oral presentations</b>
		(14:50-15:10) Next top model (essential Pk/Pd and new Elveld model) Prof Mike Irwin, Hong Kong	
		(15:10-15:30) How to turn a super tanker: barriers to change in paediatric TIVA Dr Peter Brooks, London	
(15:30-16:00) Discussion			
16:00-16:40	Tea and coffee / industry exhibition (Cromdale, level -1) / view the posters (Strathblane hall, level 0)		
16:40-18:10	<b>W5a - Post-surgical pain</b> Chair: Dr Sarah Marsden, Elected Member, Trainee Committee, Association of Anaesthetists	<b>W5b - Mentors, teachers, and trainers (session created by trainees but all welcome)</b> Chair: Dr Stuart Edwardson, Chair, Trainee Committee, Association of Anaesthetists	<b>W5c - Latest in industry</b> Chair: Dr Peter Young, Industry Lead, Association of Anaesthetists
	(16:40-17:00) Rethinking the goals of post-surgical pain relief Prof William Fawcett, Surrey	(16:40-17:00) When things go wrong - the emotional impact of working in health care Dr Oliver Daly, Edinburgh	<b>Check out the latest on what industry have to offer, presented by Dr Peter Young with a panel of experts.</b> Dr Ben Fox, King's Lynn Prof Jaideep Pandit, Oxford
	(17:00-17:20) Peri-operative management of surgical pain Dr Emma Baird, Lancashire	(17:00-17:20) Why bother with mentoring? Dr Naomi Freeman, Edinburgh	
	(17:20-17:40) Opioid stewardship Dr Nicholas Levy, Suffolk	(17:20-17:40) A-liNE - from a beer mat to 5000 candidates Dr Chris Browell, Director, Anaesthesia Learning in the North East (A-liNE)	
(17:40-18:10) Discussion	(17:40-18:10) Discussion		
18:10-18:40	Networking drinks reception with a Scottish piper (Cromdale, level -1)		
18:40	Close of day one		

# Programme Day 2 Thursday 14 September 2023

08:15-08:45	Registration (Strathblane hall, level 0) / tea and coffee / industry exhibition (Cromdale, level -1) (08:00-08:45) Trainee and SAS networking breakfast - light breakfast items will be provided (Kilsyth, level 0)		
08:45-10:15	Shortlisted poster presentation sessions (Strathblane hall, level 0)		
	<b>Stream A (Pentland, level 3)</b>	<b>Stream B (Carrick, Harris, Ochil, level 1)</b>	<b>Stream C (Fintry, level 3)</b>
	<b>T1a - Pre-hospital anaesthesia</b> Chair: Dr James Brooks, Elected Member, Trainee Committee, Association of Anaesthetists	<b>T1b - Non-clinical workshops</b>	<b>T1c - Regional anaesthesia</b> Chair: Dr Tei Sheraton, Vice President, Association of Anaesthetists
08:45-10:15	(08:45-09:05) Training Dr Emma Coley, Edinburgh	A series of workshops focused on your professional development, offering something for every career grade. Choose from Trainee, SAS, Consultant or Retired.	(08:45-09:05) Fascial plane blocks Dr Ed Mariano, Stanford, USA
	(09:05-09:25) Bleeding and blood products Dr Nicholas Crombie, Birmingham	Workshops on wellbeing, advocacy and journal also available.	(09:05-09:25) How to get good at regional anaesthesia Dr Becki Marsh, Cornwall
	(09:25-09:45) New Association guidelines - challenges and progress Prof David Lockey, Bristol	<b>Booking is required.</b> Please view the workshops on pages 4 & 5 for timings, further details and booking information (£10 booking fee applies).	(09:25-09:45) Improving recovery by including regional anaesthesia - enhanced ERAS Dr Rosie Hogg, Belfast
	(09:45-10:15) Discussion		(09:45-10:15) Discussion
10:15-10:55	Tea and coffee / industry exhibition (Cromdale, level -1) / view the posters (Strathblane hall, level 0)		
	<b>T2a - Annual Members Meeting and keynote</b> Chair: Dr Matthew Davies, President, Association of Anaesthetists	<b>T2b - Non-clinical workshops</b>	<b>T2c - Pressure</b> Chair: Dr Lachlan Miles, Editor, <i>Anaesthesia</i>
10:55-12:20	(10:55-11:35) Annual Members Meeting Dr John Ward, Honorary Treasurer, Association of Anaesthetists Dr Robert Self, Honorary Membership Secretary, Association of Anaesthetists Dr Tim Meek, Honorary Secretary, Association of Anaesthetists	A series of workshops focused on your professional development, offering something for every career grade. Choose from Trainee, SAS, Consultant or Retired.	(10:55-11:15) Pulmonary artery pressure Dr Guillermo Martinez, Cambridge
	(11:35-12:20) Keynote - Stop, collaborate and listen - Featherstone oration Prof Kariem El-Boghdadly, London	<b>Booking is required.</b> Please view the workshops on pages 4 & 5 for timings, further details and booking information (£10 booking fee applies).	(11:15-11:35) Systolic, mean or diastolic pressure Dr Simon Howell, Leeds
			(11:35-11:55) Invasive vs non-invasive pressure Dr Robin Heij, King's Lynn
			(11:55-12:25) Discussion
12:20-13:35	Lunch and industry exhibition (Cromdale, level -1) / view the posters (Strathblane hall, level 0)		
12:40-13:25	Industry-sponsored symposium supported by PAION UK Ltd (Kilsyth, level 0). Lunch will be available outside of the room. Remimazolam and the Anaesthetist - See pages 18 & 19.		



# Programme Day 2 Thursday 14 September 2023

	Stream A (Pentland, level 3)	Stream B (Tinto and Moorfoot, level 0)	Stream C (Fintry, level 3)
13:35-15:05	<b>T3a: Liver disease</b> Chair: Dr Anne-Marie Docherty, Edinburgh	<b>T3b - Clinical workshops</b>	<b>T3c - Oral presentations - Case reports</b> Chair: Dr Matt Wiles, Editor, <i>Anaesthesia</i>
	(13:35-13:55) Liver failure Dr Helen Usher, Edinburgh	(13:35-15:05) Clinical workshops	Case reports
	(13:55-14:15) Liver transplantation Dr Philip Docherty, Edinburgh	Clinical selection A: Processed EEG, chest wall blocks, videolaryngoscopy, transthoracic echocardiography	
	(14:15-14:35) Advances in care of patients with liver disease Dr Mike Williams, Edinburgh	Clinical selection B: Knee blocks, fiberoptic tracheal intubation, HFNO, Adult TIVA	
(14:35-15:05) Discussion	<b>Booking is required.</b> Please view the workshop page for further details and booking information.		
15:05-15:45	Tea and coffee / industry exhibition (Cromdale, level -1) / view the posters (Strathblane hall, level 0)		
15:45-17:15	<b>T4a - Sustainability and environment: Nitrous oxide: going, going gone?</b> Chair: Dr Kenneth Barker, Environment & Sustainability Committee Chair, Association of Anaesthetists	<b>T4b - Clinical workshops</b>	<b>T4c - Allergy</b> Chair: Dr Louise Savic, Editor, <i>Anaesthesia</i>
	(15:45-16:00) Nitrous oxide - side-effects and complications Dr Amit Agrawal, Cambridge	A series of workshops focused on your professional development, offering something for every career grade. Choose from Trainee, SAS, Consultant or Retired.  Workshops on wellbeing, advocacy and journal also available.  <b>Booking is required.</b> Please view the workshops on pages 4 & 5 for timings, further details and booking information (£10 booking fee applies).	(15:45- 16:05) Pre-operative penicillin delabelling Dr Amy Dodd, Bristol
	(16:00-16:15) Decommissioning Dr Steph Harrison, Liverpool		(16:05-16:25) Allergy myths Dr Sophie Farooque, Consultant Allergist, Imperial College Healthcare NHS Trust
	(16:15-16:30) Destruction technologies Prof Martin McCoustra, Edinburgh		(16:25-16:45) If it's not allergy, what is it? Dr Tomaz Garcez, Consultant Immunologist, Manchester University NHS Foundation Trust
	(16:30-16:45) Abuse of nitrous oxide Mr Devan Mair, Final Year Medical Student, Barts and the London School of Medicine, Queen Mary University of London		
	(16:45-16:55) Update from Greener NHS		
(16:55-17:15) Discussion	(16:45-17:15) Discussion		
17:25-18:10	<b>Stream A (Pentland, level 3)</b>		
	<b>Keynote - Future preparedness for the next pandemic: learning from COVID-19</b> Prof Linda Bauld OBE, Chief Social Policy Advisor, Scottish Government Chair: Dr Mike Nathanson, Past President, Association of Anaesthetists		
18:10	Close of day two		

# Programme Day 3 Friday 15 September 2023

08:50-09:25	Registration (Strathblane hall, level 0) / tea and coffee / industry exhibition (Cromdale, level -1)		
09:25-10:55	<b>Stream A (Pentland, level 3)</b>	<b>Stream B (Tinto and moorfoot, level 0)</b>	<b>Stream C (Fintry, level 3)</b>
	<b>F1a - Anaesthesia journal session - Clinical trials: the good, the bad and the ugly</b> Chair: Dr Matt Wiles, Editor-in-Chief, <i>Anaesthesia</i>	<b>F1b - Have formal training programs had their day? A debate (organised by the SAS committee, all welcome)</b> Chair: Emma Wain, Honorary Treasurer Elect, Association of Anaesthetists	<b>Oral presentations - Original Research</b> Chair: Dr Ben Morton, Editor, <i>Anaesthesia</i>
	(09:25-09:45) Randomised controlled trials - is more research required? Dr Ed Mariano, Stanford, USA	(09:25-09:30) Introduction Dr Emma Wain, Shropshire	
	(09:45-10:05) Diversity in clinical trials Dr Seema Agarwal, Manchester	(9:30-9:50) Training schemes are out Dr Rob Fleming, Nottingham	
	(10:05-10:25) What does trial evidence mean anyway? Dr Anne-Marie Docherty, Edinburgh	(9:50-10:10) Training schemes are in Dr Chris Carey, Brighton	
	(10:25-10:45) A countdown of the top 10 articles from 2022 Dr Matt Wiles, Sheffield		
(10:45-10:55) Discussion	(10:10-10:45) Discussion		
10:55-11:35	Tea and coffee / industry exhibition (Cromdale, level -1) / view the posters (Strathblane hall, level 0)		
11:35-13:00	<b>Stream A (Pentland, level 3)</b>		
	<b>F2a - Keynote, and honours and awards</b> Chair: Dr Matthew Davies, President, Association of Anaesthetists		
	(11:35-12:20) Keynote - What is Health Data Research UK (HDR UK) and how can it help you? Prof Cathie Sudlow, Chief Scientist and Deputy Director, HDR UK and Director of the BHF Data Science Centre (led by HDR UK)		
	(12:20-13:00) Presentation of honours and awards		
13:00-14:05	Lunch and industry exhibition (Cromdale, level -1) / view the posters (Strathblane hall, level 0)		



# Programme Day 3 Friday 15 September 2023

	Stream A (Pentland, level 3)	Stream B (Tinto and Moorfoot, level 0)	Stream C (Fintry, level 3)
	<b>F3a - NAP7</b> Chair: Dr Iain Moppett, Editor, <i>Anaesthesia</i>	<b>F3b - Frailty</b> Chair: Dr David Monks, Editor, <i>Anaesthesia</i>	<b>F3c - Management, friend or foe?</b> Chair: Dr Andrew Smith, Editor, <i>Anaesthesia</i>
14:05-15:35	(14:05-14:25) Paediatrics Dr Fiona Oglesby, Bristol	(14:05-14:25) Periprosthetic femoral fractures - clinical management and the need for new research Dr Cliff Shelton, Lancaster	(14:05-14:25) Change - I hate change! Leading a department through organisational change Dr Alexander Scott, Middlesbrough
	(14:25-14:45) Obstetrics Prof Nuala Lucas, London	(14:25-14:45) What you need to know about frailty Dr Jude Partridge, London	(14:25-14:45) Half-clinical half-director: does it work? Dr Ben Fox, King's Lynn
	(14:45-15:05) Aged/frailty Prof Iain Moppett, Nottingham	(14:45-15:05) A Good Death? Dr Sadie Dunn, Victoria, Australia	(14:45-15:05) How to get the most from your manager Ms Ann-Marie Eruero, General Manager, Guy's and St Thomas', London
	(15:05-15:35) Discussion	(15:05-15:35) Discussion	(15:05-15:35) Discussion
	<b>Stream A (Pentland, level 3)</b>		
15:45-17:20	<b>F4 - Can we solve the workforce dilemma? A panel debate on the new Workforce Strategy</b> Chair: Dr Tim Meek, President Elect, Association of Anaesthetists		
	Dr James Collins, BMA UK Junior Doctor Committee member Dr Helen Neary, BMA Consultants Committee - pay, terms and conditions subcommittee member Prof Angus Watson, Workforce Lead, Royal College of Surgeons of Edinburgh Dr Daphne Varveris, Chair, Scottish Board RCoA and Honorary Secretary, Scottish Academy of Medical Royal Colleges Dr Matthew Davies, President, Association of Anaesthetists		
17:20	Close of conference		

## Poster discussion and judging times

### Poster judging

Thursday 14 September (08:45-10:15)

The top scoring abstracts in each category will be discussed in the facilitated poster judging session in Strathblane hall, level 0. See times above. Only shortlisted posters will be discussed during these sessions.

Audit, QI and survey | Case report | Original research | Roddie McNicol Patient Safety Prize

### Non-shortlisted facilitated group poster discussion sessions

Thursday 14 September (15:15-15:45)

Poster submitters who are not shortlisted for discussion, can book onto an informal group poster discussion session on a first come, first served basis (max six presenters per session). To book onto one of the following sessions, please speak to a member of the governance team during the conference.

# Industry-sponsored symposia (free to attend, lunch available)

Wednesday 13 September 2023 (12:45 - 13:30)

Location: Kilsyth, level 0



Industry-sponsored symposium supported by Masimo Europe Ltd

## Optimizing patient pathway; monitoring the many, not the few

**Introduction: optimizing patient pathway**

*Basil Matta, Cambridge*

**Ensuring optimal tissue perfusion - what are the options for assessing fluid responsiveness and cardiac output optimisation?**

*Dr Max Jonas, Southampton*

**The role of brain monitoring and noninvasive Hb monitoring in optimizing oxygen delivery to vital organs**

*Dr Stefano Romagnoli, Italy*

**Transforming patient pathway: keeping them safe on the wards**

*Dr Carlos Ferrando, Spain*

**Wrap-up and questions: monitoring the many, not the few: total oxygen platform, why blood pressure is not enough?**

*Dr Basil Matta, Cambridge*

Thursday 14 September 2023 (12:40 - 13:25)

Location: Kilsyth, level 0



Industry-sponsored symposium supported by PAION UK Ltd

## Remimazolam and the Anaesthetist

**A History of Remimazolam**

*Prof Kariem El-Boghdady, Featherstone Professor, Guy's and St Thomas', London*

**Remimazolam: experiences in procedural sedation**

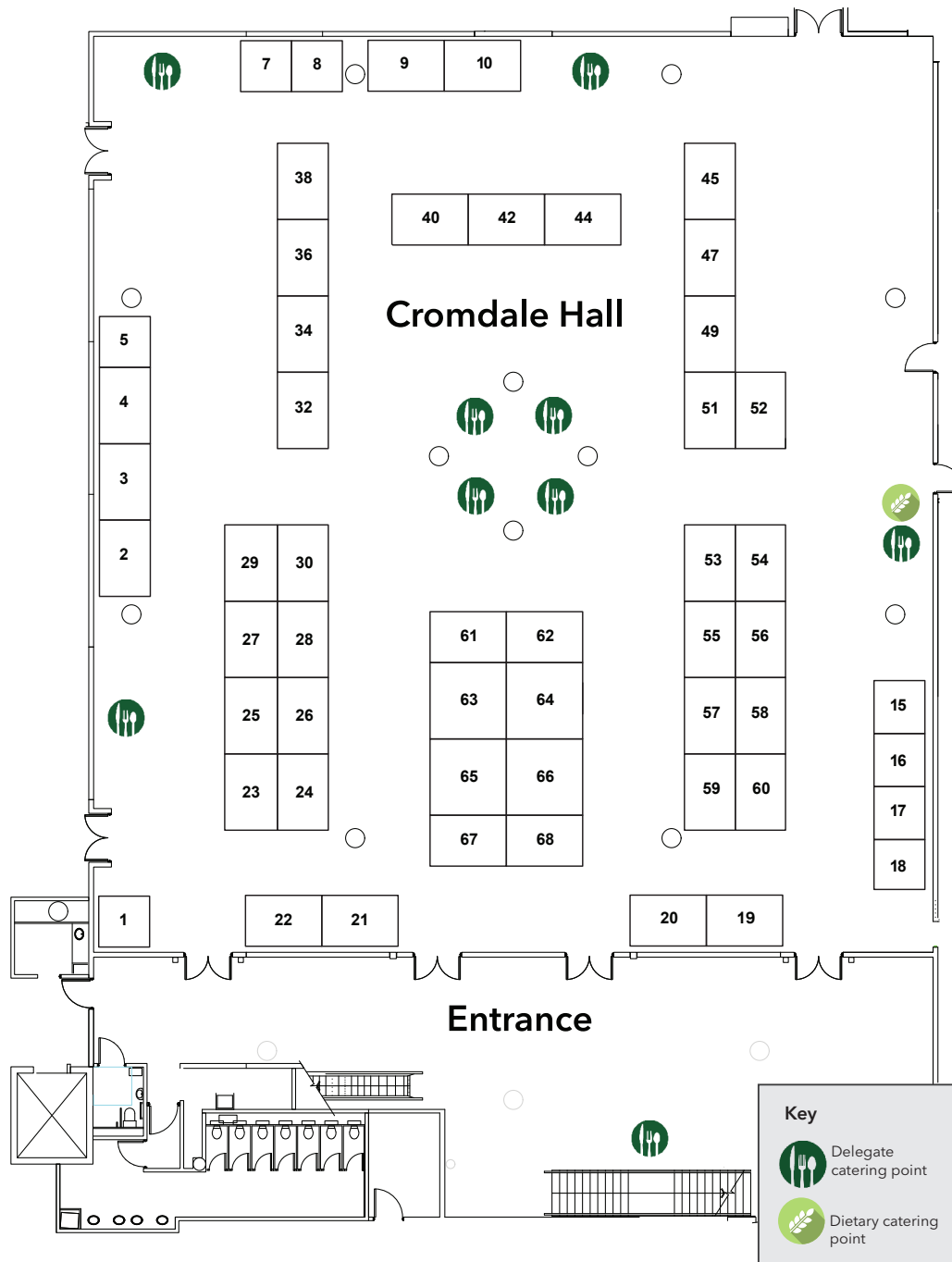
*Dr David Green, Consultant Anaesthetist and Intensive Care Specialist, Birmingham*

## Sponsors

The Association of Anaesthetists would like to thank the following companies for sponsoring Annual Congress 2023.



# Exhibition floor plan



# Exhibitor list

Stand No.	Association of Anaesthetists
23 & 24	Association of Anaesthetists
25	Anaesthesia Heritage Centre
66	Association of Anaesthetists Board networking stand

Stand No.	Company
34	3M Healthcare
59	AFT Pharma UK Ltd
30	Aguettant Ltd
3	Alberta Healthcare Services
38	AON
18	Armstrong Medical
1	Army Medical Services Reserve
56	Association of Anaesthesia Associates
29	Baxter Healthcare Ltd
64	Becton Dickinson UK Limited
58	College of Anaesthesiologists of Ireland
26	Fannin Ltd
55	Fisher & Paykel Healthcare
32	FUJIFILM Sonosite
42 & 44	GE Healthcare
8	Haemonetics
36	hameln pharma
4	Healthcare 21
40	Intersurgical

Stand No.	Company
20	KARL STORZ Endoscopy (UK) Ltd
7	Limbs & Things
10	Loewenstein Medical UK Ltd
62	Masimo Europe Limited
67	MDDUS
16	Medical Defence Union
51	Mediplus Ltd
53 & 54	Medtronic
45 & 47	Mindray
5	Myotonic Dystrophy Support Group
21	Nipro Medical
15	Open Medical
63 & 65	PAION UK
9	PG Mutual
28	Quilter Financial Advisers
60	Royal Medical Benevolent Fund
68	saskdocs
57	Teleflex
49	The Surgical Company
61	Ultramed Ltd
17	Wesleyan
52	World Federation of Societies of Anaesthesiologists (WFSA)



# Safer for everyone

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Association  
of Anaesthetists

[www.anaesthetists.org](http://www.anaesthetists.org)

# Winter Scientific Meeting 2024

Thursday 11 - Friday 12 January 2024, QEII Centre, London

Booking now open for **Winter Scientific Meeting 2024 (WSM)**. Attend in person or online. Delegates attending in-person will have access to an exclusive lecture stream throughout the two days, not broadcast online.



## Keynote speaker announcement

Prof Brendan McGrath,  
*Consultant in Anaesthesia  
& Intensive Care Medicine,  
Manchester*



## Booking now open!

Special member booking rates available.  
Including exclusive early booking discounts.



Association  
of Anaesthetists

Scan QR code for  
further information

[anaesthetists.org/WSM2024](https://anaesthetists.org/WSM2024)

